



Room service for this menu is available for guests at the Mill Falls Inn.  
A \$5 service fee will be added to all room service orders.  
Take-out is available for guests staying at any of the Inns.

### Eggs & Omelets

Accompanied by seasoned homefries and toast or English muffin.  
White, Wheat, Cinnamon Raisin, Marbled Rye/Pumpernickel

<b>Two Eggs</b> Your choice of style	5.75
With bacon, ham, sausage, corned beef hash or Canadian bacon	6.75
Add a short stack of buttermilk pancakes or French toast	2.25
Upgrade to Loaded Homefries	2.50
<b>Sunrise Egg Sandwich</b> Fried egg topped with cheese on your choice of English muffin or bagel.	5.50
With bacon, ham, sausage or Canadian bacon	6.50
<b>Omelets</b> Classic three egg, cheese omelet.	6.95
Choice of cheese: American, Swiss, Cheddar, Feta or Goat	
Add ham, bacon, sausage, corned beef hash	1.50 each
Add pepper, onion, mushrooms, tomatoes, spinach or broccoli	.75 each
<b>Harvest Omelet</b> Medley of fresh vegetables and choice of cheese. Served with fresh fruit and toast.	8.95
<b>Florentine Scramble</b>	7.95
Three fluffy eggs scrambled with baby spinach, sliced mushrooms, crisp bacon and crumbled feta cheese.	

### The Benedicts

Two poached eggs on an English muffin topped with homemade hollandaise sauce. All Benedicts 9.95  
Vegetable • Spinach • Sausage & Mushroom • Canadian Bacon • Corned Beef Hash • Blackstone (Bacon & Tomato)

### Breakfast Specialties

Accompanied by seasoned homefries or fresh fruit cup.

<b>Breakfast Burrito of the Day</b>	Priced Daily
<b>Waterfall Café Breakfast Sandwich</b>	6.95
Sautéed portabella mushrooms folded into scrambled eggs topped with goat cheese on a grilled ciabatta roll.	
<b>Monte Cristo Sandwich</b>	8.95
Turkey, ham and Swiss dipped in French toast batter and grilled to perfection.	

### From the Griddle

<b>Fluffy Buttermilk Pancakes</b>	Full Stack (3) 5.75, Short Stack (2) 4.75
<b>Specialty Pancakes</b>	
Blueberry or Chocolate Chip	Full Stack 6.75, Short Stack 5.75
Strawberry and Almond or Banana and Walnut	Full Stack 7.50, Short Stack 6.50
<b>Classic French Toast</b>	6.50
With fresh strawberries or bananas.	7.95
<b>Decadent French Toast</b> Encrusted with almonds.	8.95
<b>Locally-made real maple syrup. 1.75 • Also available to take home by the pint.</b>	12/16



### Breakfast Sides

<b>Seasoned Homefries</b>	2.50
<b>Loaded Homefries</b> Topped with sautéed veggies and melted cheese.	4.50
<b>Bacon, Ham, Canadian Bacon, Sausage Links or Patties</b>	2.95
<b>Corned Beef Hash</b>	3.59
<b>Toast or English Muffin</b> White, Wheat, Cinnamon Raisin, Marbled Rye/Pumpernickel. Gluten-Free Bread Available for an additional. 1.95	1.75
<b>Bagel</b> With cream cheese or peanut butter.	2.75
<b>Bagel &amp; Lox</b> With capers, red onions, tomato and cream cheese.	9.95
<b>Homemade Muffins</b>	2.75 each
<b>Homemade Pastries or Cinnamon Roll</b>	2.95 each

### Light & Healthy

<b>Egg Whites</b>	1.50 (per egg)
<b>Fresh Fruit</b>	cup 2.50, small plate 4.95, large plate 6.95
<b>Homemade Granola and Yogurt</b>	6.95
<b>Low-Fat Cottage Cheese or Yogurt with Fresh Fruit</b>	6.95
<b>Oatmeal</b> With raisins and/or brown sugar.	4.95
<b>Assorted Cold Cereals</b>	2.95
With fresh strawberries or bananas.	4.50
<b>Soy Milk</b>	2.00

### Little Tykes Menu

<b>One Pancake</b>	2.50
<b>One Blueberry or Chocolate Chip Pancake</b>	3.50
<b>One Piece of French Toast</b>	2.50
<b>One Egg</b> With seasoned homefries and one piece of toast.	3.95
With bacon, ham or sausage.	4.95

### Spirits\*

<b>Bay Point Bellini, Meredith Mimosa, Bloody Good Mary, Sunrise Screwdriver</b>	6.75
<b>Cabernet Sauvignon, Merlot, Pinot Noir, Chardonnay, Pino Grigio, Sauvignon Blanc</b>	8.
<b>Champagne</b>	6.

\*Spirits are available for in-room dining only.



**Soup du Jour**

Cup 3.25, Bowl 4.25

**Salads**

**Baby Spinach with Grilled Vegetables**

Baby spinach topped with grilled mushrooms, tomatoes, feta cheese and homemade maple balsamic vinaigrette.

8.95

**Classic Caesar**

Crisp romaine tossed with Caesar dressing, hard boiled eggs, homemade croutons and Parmesan cheese.

7.50

**Waterfall Garden Salad**

Fresh mesclun greens topped with crisp vegetables, hard-boiled egg, dried cranberries and homemade croutons.

7.50

Add grilled chicken to any salad. 2.50

**Lunch Specialties**

All sandwiches and wraps are served with a pickle and your choice of fresh fruit, cottage cheese or kettle chips.  
A small demi-salad may be substituted for 1.75

**Turkey Boursin**

With bacon, Boursin cheese, spinach and tomato on a ciabatta roll.

8.95

**Grilled Tuna or Chicken Salad Melt**

All white tuna or chicken salad in a grilled tortilla with sliced tomatoes, crisp bacon and melted Swiss cheese.

8.95

**Grilled Steak and Cheese Wrap**

Shaved steak grilled with mushrooms, peppers, onions and American cheese served in a grilled tortilla.

9.95

**Chicken Quesadilla**

House-made BBQ, Buffalo or plain grilled chicken, sautéed with peppers, onions and mushrooms and topped with Monterey Jack cheese. Served in a grilled tortilla.

8.95

**Reuben**

Grilled marbled rye piled with thinly sliced corned beef, Swiss cheese, sauerkraut and Thousand Island dressing.

8.95

**Garden Wrap**

An assortment of chilled vegetables and choice of cheese, tossed with homemade maple balsamic vinaigrette and served with fresh fruit.

7.95

**Deli Sandwich**

Choose baked ham or roasted turkey, served with lettuce, tomato and cheese on your choice of white, wheat, marbled rye or a wrap.

7.25

**Tuna or Chicken Salad Sandwich**

7.95

**Classic BLT** With bacon, lettuce and tomato.

7.95

Add Cheese.

8.50

**Grilled Cheese**

5.25

With tomato and bacon.

6.95



### Little Tykes Lunch

Served with kettle chips or fresh fruit 5.25

**Grilled Cheese • Turkey Sandwich • P.B. & Jelly (Try it grilled!) • Classic Fluffernutter**

### Beverages

<b>Coffee or Tea</b>	2.25
<b>Bottled Water &amp; Soda</b> (20 oz bottle)	2.25
<b>Juice</b> Orange, Apple, Cranberry, Tomato or Grapefruit	Small 1.95, Large 2.95
<b>Iced Coffee or Iced Tea</b>	2.75
<b>2% Milk or Chocolate Milk</b>	Small 1.95, Large 2.95
<b>Hot Chocolate or Vanilla Chai</b>	2.50
<b>Soy Milk</b>	2.00

### Dessert

<b>Liz Lovely Gluten-Free Cookies</b>	2.29
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### Spirits

<b>Bay Point Bellini, Meredith Mimosa, Bloody Good Mary, Sunrise Screwdriver</b>	6.75
<b>Cabernet Sauvignon, Merlot, Pinot Noir, Chardonnay, Pino Grigio, Sauvignon Blanc</b>	8.
<b>Champagne</b>	6.

While peanuts or other tree nuts may not be a key ingredient in every one of our entrees, all our items are produced in the same area where products containing various nut items are used.